

We Provide

We are a team of expert Physiotherapists & Occupational Therapists providing primary acute care for closed shoulder, elbow, wrist and hand injuries.



We Treat

- ✔ Urgent fracture & dislocation management
- ✔ Work related injuries
- ✔ Tendinopathies, De Quervain's, Tennis Elbow, Rotator Cuff
- ✔ Sprains & strains

INJURED AT WORK?

We Provide Hand & Upper Limb Therapy Across Queensland.



Contact Us

- ☎ (07) 3205 7019
- 🌐 www.handinjuries.com.au
- 📍 Scan QR code for locations

admin@handinjuries.com.au

ACTION REHAB
Shoulder Elbow Wrist Hand

INJURED YOUR SHOULDER, ELBOW, WRIST OR HAND?
TAKE ACTION

Get Urgent Care At For **Work-Related Injuries**

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➤ **Locations across QLD**



YOUR INJURY | YOUR OUTCOME | OUR PASSION

Occupational injuries of the upper limb are particularly common in jobs that are highly repetitive in nature; seeking treatment early can help reduce the severity of symptoms and aids in faster recovery.

At Action Rehab we are able to provide advice and education with regards to your injury and provide suitable treatment modalities which may include ergonomic advice.

WE PROVIDE

- Urgent same day appointments
- Referral to imaging
- Return to work plan
- Strength & exercise rehabilitation
- Custom thermoplastic orthoses
- Management of upper limb conditions

HOW WE CAN HELP

We provide urgent on the day appointments for all injuries and have access to a broad group of surgeons if required.

LEARN MORE

We are here to assess, splint, rest, exercise, strengthen, and rehabilitate injuries and conditions, helping your patients get back to what they love.

SCAN TO
LEARN MORE



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